

Safety Talk (Ride Captions to review with your group before KSU)

“Lets be the safest ride out there!”

- ✓ **We ride in staggered formation on this ride for everyone’s safety.**
 - You may not know the skill level of the riders around you; some riders may need more space. Staggered formation will keep everyone safe and allow bikes in the other tire track to maneuver around unexpected obstacles or take corners wider if needed.
 - There will be times where we will move into single-file formation and staggered formation will allow us to do this safely, without forcing those behind us to break unexpectedly.
 - Good rule of thumb when group riding: If you cannot see the face of the rider across from you in their mirror, you may need to move up tighter or fall back a little.

- ✓ **There is absolutely no Crisscrossing between tire tracks on this ride.**
 - If you start the ride in the left tire track, you end the ride in the left tire track. If someone from the right tire track drops out of the group, everyone from the right tire track moves forward one bike length. No rider should crisscross into the other tire track at any time!

- ✓ **DO NOT create gaps by slowing back to race up. (Important!)**
 - If you want to ride faster than our ride, do it on your own time! DO NOT create gaps in the ride because you want to race back up to the group. This creates a very dangerous slinky effect for the riders behind you and you will be asked to leave the ride for the safety of our other riders.

- ✓ **Keep the group tight, leave 1 bike length between you and the bike directly in front of you.**
 - Keeping tight removes the chance for vehicles to get in between our bikes. Always leave a bike length between you and the bike in front of you so we can move safely into single-file formation at any time without having to break. Breaking while moving into single-file formation is dangerous for the riders behind you.

- ✓ **Do not stop at a red light or stop sign.**
 - Blocker Ride Captions, Volunteers and Police have intersections protected. Unless a Ride Caption, Volunteer or Officer signals you to stop, or it becomes unsafe to proceed, please keep the group together and continue through the intersections.
 - Breaking up the group will allow vehicles to get into the ride making it unsafe for riders.

- ✓ **If you need to drop out of the ride at any time, signal to the riders around you first.**
 - Put on your signal and point down and away in the direction you are exiting. Make sure the riders behind you acknowledge you before you leave the group.
 - If someone drops out of the ride, we do not stop the ride. The Tail Gunner is responsible for checking on any rider that drops out of the ride. Remember to safely move up and close the gap left by the rider(s) in front of you, and do not crisscross tire tracks to close that gap.
 - Please note; we do not stop the ride for gas and we do not stop the ride for rain gear.

- ✓ **Please understand for the safety of everyone here today; unsafe bikes or unsafe riders will not be allowed to participate in this ride.**
 - If a Road Caption deems you or your bike is not safe to ride, you will need to sit this ride out.
 - As much as this may be a disappointment for you, please do not debate/argue with the Road Caption. This decision is final, as it is our responsibility to keep our ride safe for everyone. We really do appreciate your donation to Hospice and eagerness to participate, but the safety of you and all riders is everyone’s first priority.
 - There will be many other fun activities happening in the park that you can attend.

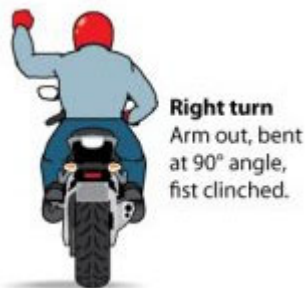
✓ Lets go over some hand signals we will be using on this ride



Turn Signal On
Open and close hand with fingers and thumb extended.



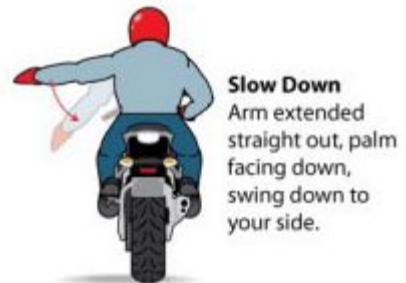
Left turn
Arm and hand extending left, palm facing down



Right turn
Arm out, bent at 90° angle, fist clenched.



Stop
Arm extended straight down, palm facing back.



Slow Down
Arm extended straight out, palm facing down, swing down to your side.



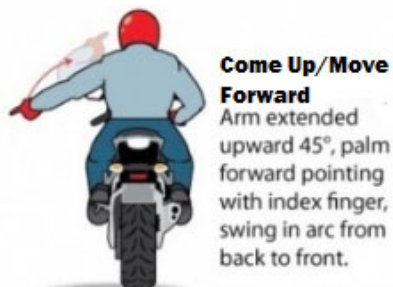
Hazard in Roadway
On the left, point with left foot. On the right, point with right foot.



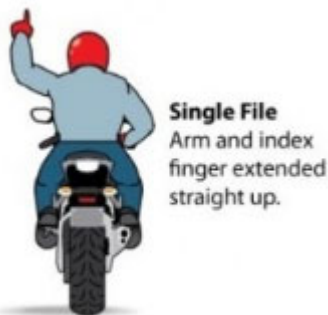
Accident Ahead
Tap on top of helmet with open palm down



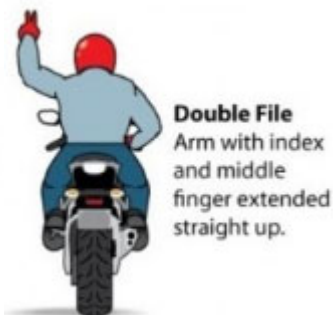
Speed Up
Arm extended straight out, palm facing up, swing upward.



Come Up/Move Forward
Arm extended upward 45°, palm forward pointing with index finger, swing in arc from back to front.



Single File
Arm and index finger extended straight up.



Double File
Arm with index and middle finger extended straight up.

✓ **Share hand signals all the way down the line.**

- If the rider in front of you indicates there is something on the road or motions to slow down please share that signal with the rider behind you so everyone is aware.
- Use hand signals or tap your breaks to let the riders behind you know you are slowing.
- If your signal lights are small, please use hand signals for better visibility for other riders.

✓ **Do not move out of single-file formation until you pass the obstacle/reason for single-file.**

- We may need to go into single-file formation at points during the ride. When you see the hand signals to move from single-file back to double-file, staggered formation, please do not share that signal down the line or break out of single-file formation until you have actually passed the obstacle or reason we moved into single-file formation.

✓ **If a rider goes down, we have EMS staggered throughout the ride to assist the rider(s).**

- To help EMS to get to downed rider(s) we need to keep moving and get out of the way.
 - To alert EMS of an accident and to allow them to get to the rider(s) quickly we must move into single-file formation, into the tire track opposite the accident and tap our helmets. This opens up the tire track for EMS to quickly move up the group to the downed rider(s).
 - It is important we Do Not Stop. Stopping causes congestion making it difficult for EMS to get to the downed rider(s). Keep moving so riders behind you can get out of the way.
- ✓ **When we arrive in Wheatley stay with me/us and our group while parking.**
- Please do not break formation to park your bike. The Ride Captions need to park the bikes in a safe manner, keeping their riders together in their group. If you get impatient and jump out of formation, you will create unsafe confusion and disorder. Please be patient so we can park everyone safely.
 - Please be respectful of Wheatley & its residents, do not block driveways or litter.
- ✓ **If you have any questions or concerns please see me/us, or any Ride Caption at any time!**
- ✓ **Welcome to our Hogs for Hospice ride! Thank you for your participation! Ride safe and have fun today!**